

THE EMOTION CODE® CHART

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<p>1</p> <p><i>Heart or Small Intestine</i></p>	<p>Abandonment Betrayal Forlorn Lost Love Unreceived</p>	<p>Effort Unreceived Heartache Insecurity Overjoy Vulnerability</p>
<p>2</p> <p><i>Spleen or Stomach</i></p>	<p>Anxiety Despair Disgust Nervousness Worry</p>	<p>Failure Helplessness Hopelessness Lack of Control Low Self-Esteem</p>
<p>3</p> <p><i>Lungs or Colon</i></p>	<p>Crying Discouragement Rejection Sadness Sorrow</p>	<p>Confusion Defensiveness Grief Self-Abuse Stubbornness</p>
<p>4</p> <p><i>Liver or Gallbladder</i></p>	<p>Anger Bitterness Guilt Hatred Resentment</p>	<p>Depression Frustration Indecisiveness Panic Taken for Granted</p>
<p>5</p> <p><i>Kidneys or Bladder</i></p>	<p>Blaming Dread Fear Horror Peeved</p>	<p>Conflict Creative Insecurity Terror Unsupported Wishy Washy</p>
<p>6</p> <p><i>Glands or Sexual Organs</i></p>	<p>Humiliation Jealousy Longing Lust Overwhelm</p>	<p>Pride Shame Shock Unworthy Worthless</p>
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PRINT THE CHART

